### About The Therapist



"My mission is to help improve others health and everyday life through massage. In addition to treatment work I enjoy educating people about body sciences, muscle function, massage, and self-care."

I am Emma Lani Bufalini a licensed massage therapist in Indiana and Illinois. I am a graduate of Cortiva Institute of Massage Therapy in Seattle, WA. Before relocating to Indiana I had a practice of 4 years in Durham NC. I specialized in medical massage, sports massage, and pain management. I actively stays involved in continuing education, NC BMBT activity, and AMTA research and activity to keep up to date with new and current massage standards and techniques.

## Safety Continued

For your health and safety your therapist will:

- wear a mask when working on-location
- will engage in proper hand washing in between clients and use hand sanitizer
- sanitize all equipment in between each clients
- use clean sheets and linens or one use coverings for each client
- do a health intake with each appointment
- gloves can be worn upon request
- Clients who are vaccinated do not need to war masks but those who are unvaccinated will be required to wear a mask throughout the visit

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# Emma Lani Massage Therapy

Mobile Massage



Prices and Services

**NWI** and Chicagoland

## Corporate Massage

ELMT can come to your office for reoccurring chair massage, employee appreciation, health and wellness events, or even holiday parties!

I will bring all supplies needed and can set up in a quieter area or conference room. You can choose how long each massage will be for participant ranging from 5 -15 minutes. This will help determine how many participants can receive a massage during the event!

Businesses can also get a reduced group rate for employees in our service area.

#### Rates

2 Hours (\$120 per hour) 3-6 Hours (\$110 per hour) 8 Hours (\$100 per hour)

All Day Event Out of Town \$1000 fist day \$600 for additional days

#### **Benefits**

Bringing massage therapy in to the work place is a great way to take care of employees and positively benefit the business at the same time. Show you workers you care about their health and wellness and make your office a better place to work today!

- increase job satisfaction
- increased employee retention
- reduced on the job injuries
- increase immune function
- reduce stress and headaches
- reduce burnout
- increase productivity

## Your Safety Is My Priority

I want you to feel safe and comfortable while receiving a massage which is why your therapist is vaccinated, will always wear a mask, and follows all CDC and local safery regulations. More details on back of pamphlet.

#### In-Home Massage

If you ever wanted a massage in your own home you can get exactly that with ELMT.
Currently ELMT offers mobile massage that will come to your home and bring all supplies needed for a massage and you dont have to drive anywhere.
You can even check rates and book a session online!

ELMT focuses on long term reduction of symptoms like stress, pain, or discomfort. I specializes in medical and sports massage but offers relaxation too. Scan the QR code below for service map and rates for your area.

